**ODPORÚČANÉ SYLABY**

**4 lekcie týždenne v priebehu 33 týždňov**

**mm**publications

**Traveller Plus C1**

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| **Týždeň** | **Lekcia** | **Obsah** | **Funkcie a ciele lekcie** | **Gramatické štruktúry** | **Slovná zásoba** | **Pomôcky a materiály** | **Kľúčové kompetencie** |
|  | 1 | Introduction | Naučiť sa ako používať učebnicu a jej komponenty |  |  | Student’s book  Multimedia material & player |  |
|  | 2 | Cover Page Module 1  1 Čítanie | Predstaviť tému modulu 1  Prečítať si 3 krátke texty o výchove  Zameriavať sa na podstatu a podrobnosti |  | objective, prioritise, acquisition, orientation, instil, competent, workforce, desire, root out, form, reasoning, principle, plain, bare, monotonous, vault, forefinger, underscore, house, overshadow, inflexible, dictatorial, bristle, skirts, bald, fir (n), knob (n), crust, scarcely, obstinate, carriage, assumption, perspective, approach, rational, confirm, etiquette, nurtured, setting, experimentation, do away with, stimulating, resource, essence, educationalist (n), experiential, primary, originate, adopt, self-assured, innovative, inspiration, enhance, associate, outing, beneficial, hands-on, inhibition, assess, initiative, rear, appetite, fulfilled, stimulate, cyberspace, advance, dispel, misconception, rooted in, convention, acquire, from time immemorial, generate, revolutionary, application, perception, impact, functionality, entrepreneur, rush into, venture, live up to, reassess, potential, presently, establishment, multi-functional, simultaneously, forum, geared towards, life-long, endeavour, collaboration, liberate, limitation, flexibility, accessible, prospective, pursuit, practitioner, resemblance, drawback, time-honoured, restraint, ultimate, provision, exclusively, desirable | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, autonómne učenie, spolupráca, kreativita |
|  | 3-4 | 1 Slovná zásoba | Precvičovanie slovíčok vzťahujúcich sa na vzdelávanie, Deriváty slovesa/podstatného mena,  Predpony: nad a pod, Záporné predpony a prípony |  | A level (Advanced level), primary school, crèche, higher education, post-graduate courses, nursery school, GCSE (General Certificate of Secondary Education), secondary school, maintenance grant, faculty, upgrade, apprentice, trade, co-education, run of the mill, tuition, bilingual, rote learning, boarding school, exchange student, extra-curricular, corporal punishment, vocational training, distance learning course, conform, assessment, collaborate, instruct, instruction, expel, expulsion, suspend, suspension, correspond, correspondence, violate, monitor, conventional, inevitably, redundant, overachiever, strive, underachiever, rate, estimate, fund, underestimate, potential, overqualified, understaffed, underpaid, overrate, attribute, underfunded, moral, immoral, pterosaur, extraordinary, precedent, unprecedented, found, debate, enable, envisage, comprehend, incomprehensible, diverse, incorporate, curriculum | Student’s book  Multimedia material & player |
|  | 5 | 1 Gramatika | Opakovanie prítomných časov | Present Simple - Present  Progressive - Present Perfect  Simple - Present Perfect  Progressive |  | Student’s book  Multimedia material & player |
|  | 6 | 1 Počúvanie | Vypočuť si tri krátke úryvky týkajúce sa vzdelávania a štúdia  Zameriavať sa na konkrétne informácie |  | expand, broaden, convince, insignificant, overshadow, doubtful, hardship | Student’s book  Multimedia material & player |
|  | 7 | 1 Slovná zásoba | Precvičovať si si slová s viacerými významami |  | run errands, run sb’s own business, at the end of the day, on end, mind sb’s tongue, on the small side, side effect, drowsiness, on the side, be part of, part (Korean), dress the part, the end justifies the means, make up one’s mind, set sb’s mind, put effort into, hypocrite, end of story, undeniable, get on the wrong side, run its course, part company, pursue, give sb a run for sb’s money, side of the story, take sb’s side | Student’s book  Multimedia material & player |
|  | 8 | 1 Hovorenie | diskutovať o mimoškolských aktivitách a iných otázkach týkajúcich sa vzdelávania |  | reflect, creative, release tension, soothe, increasingly, institution, outlet, cooperation, reacquaint, stamina, self-discipline, coordination | Student’s book  Multimedia material & player |
|  | 9-10 | 1 Písanie | Napísať neformálny list na základe zadania  Zamerať sa na publikum a účel  Zamerať sa na obsah a štýl |  | tutor, accommodation, relieved, bound to, student hall, challenging, tough, adjust, approachable, supportive | Student’s book  Multimedia material & player |
|  | 11 | 2 Čítanie | Prečítať si novinový článok s tipmi pre tínedžerov  na zaobchádzanie s peniazmi |  | cautious, association, illustrate, capital, income, ephemeral, ensure, run sth up (phr. v.), debt, debit card, synonymous, percentage, privilege, outweigh, deceptive, misconception, unpredictable, investment, yield, rush, concept, bear fruit, prolong, extend, flatter, play down (phr. v.), claim, tempting, make the most of sth, property, share, generate, labour, hence, pay off (phr. v.), interest, repay, grand total, minimum, trap, massive, at your expense, agony, expense, interest rate, bank deposit account, gamble, insurance, cover, excess, differ, asset, build up (phr. v.), ostrich, retirement | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, spolupráca, kreativita, autonómne učenie |
|  | 12-13 | 2 Slovná zásoba | Precvičovať si slová, ktoré sa dajú ľahko zameniť, slovné spojenia, frázové slovesá týkajúce sa peňazí, slová a frázy týkajúce sa ceny, predložkové spojenia s  *at*, *in*, *on* |  | winnings, earnings, proceeds, savings, put aside (phr. v.), for a rainy day, mortgage, overjoyed, compensation, severance pay, alimony, fine, trauma, exceed, prenuptial agreement, bonus, commission, royalty, allowance, elect, proceeds, outstanding, remuneration, donation, premium, grant, ground-breaking, annual income, market value, pension plan, monthly instalments, bank statement, pay for it up front, budget, make ends meet, transaction, splash out (phr. v.), exquisite, fork out (phr. v.), tow, get by (phr. v.), tide sb over (phr. v.), commitment, corrupt, buy off (phr. v.), distinguished, expose, irreconcilable, extravagant, spending spree, run out of (phr. v.), shop around (phr. v.), joint venture, bribe, daylight robbery, downmarket, cost an arm and a leg, rip-off, dear, affordable, steep, lavish, giveaway (n./adj.), overpriced, exorbitant, dirt cheap, cut-price, steal, value for money, at a discount, at such short notice, shift, on duty, in short supply, in demand, on schedule, in close collaboration, on the job, in debt, at all costs, on account of, on strike, at their own expense | Student’s book  Multimedia material & player |
|  | 14 | 2 Gramatika | prídavné mená – príslovky a prirovnania, podmienkové vety | Adjectives - Adverbs and  Comparisons  Conditional Sentences | unnerving, foresee, feeble excuse, prestigious, standing joke, enticing, whatnot, zillion, commute | Student’s book  Multimedia material & player |
|  | 15 | 2 Počúvanie | Vypočuť si rozhlasový rozhovor s vedcom  Zameriavať sa na konkrétne informácie |  | forensic science, testimony, advancement, portray | Student’s book  Multimedia material & player |
|  | 16 | 2 Slovná zásoba | Precvičiť si si ľahko zameniteľné slová |  | illustrate, sketch, depict, rural, insight, foresight, forecast, premonition, nagging, disperse, dissolve, disseminate, rig, effervescent, evidence, proof, witness, the burden of proof, prosecution, defence witness, testify, forceful, savage, roam, opposition, recession, gloomy, economic meltdown, facetious, SPEAKING (SB pp. 28), evident, computer literate, have an eye for, exude, nerve-racking, scrutinise, computer literacy, fulfilling, compensate | Student’s book  Multimedia material & player |
|  | 17 | 2 Hovorenie | Porovnávanie fotografií,  diskusia o problémoch týkajúcich sa zamestnania a spokojnosti s prácou |  |  | Student’s book  Multimedia material & player |
|  | 18-19 | 2 Písanie | Napísať výkladovú esej  Zameriavať sa na analýzu,obsah a jazyk |  | quotation, inspirational, establish, workforce, hit, at a record high, put a strain on, reluctant, struggle to, on the other side of the coin, ubiquity, vending machine, adversely, few and far between, drive, invasive, globalisation, nonetheless, dilemma, go hand in hand, conversely, accomplish, backfire | Student’s book  Multimedia material & player |
|  | 20-21 | Round-up 1 | Opakovanie a upevnenie slovnej zásoby a štruktúry naučené v module 2 |  |  | Student’s book  Multimedia material & player |  |
|  | 22 | Test Module 1 | Hodnotenie pokroku študentov |  |  | Tests & audio (downloadable from the Teacher’s assistant) |  |
|  | 23 | Cover page module 2  3 Čítanie | Predstavenie témy modulu 2  Prečítať si tri krátke texty o cestovaní  Zameriavanie sa na podstatu a podrobnosti |  | urge, lash, unmercifully, whip, exertion, patch, cleft, sway, toss, frown upon, earnestness, blessing, crane, peer, vibrant, floating, emotive, infamous, tribe, shrine, heritage, diversity, bustling, boast, premier, property, sumptuous, elegance, opulence, convert, barge, superbly, highlight, serene, tented, dazzling, incorporate, element, colonial, grandeur, tranquillity, back up, amenity, lap, idyllic, haven, lush, enchanting, indulgence, tranquil, cradle, to the brim, creak, sacrifice, expansion, compromise, ultimate, migration, mineral, mine, detect, orbit, sustain, immense, scale, conquer, inconceivable | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, autonómne učenie, interkultúrne povedomie, spolupráca, kreativita |
|  | 24-25 | 3 Slovná zásoba | Precvičiť si kombinácie prídavného mena a podstatného mena, predložkové spojenia týkajúce sa polohy/vzdialenosti, slovesá opisujúce pohyb a zrak, prípony podstatných mien |  | spectacular, exceptional, luxurious, elegant, exclusive, lively, unspoilt, traditional, within walking distance, off the beaten track, predominantly, in the middle of nowhere, inaccessible, in the back of beyond, fort, etched, within earshot, stumble, glare, glimpse, hurtle, lurch, turbulence, inspect, glance, fumble, weave, luggage carousel, squint, shift, gaze, be on the lookout for, trait, spontaneity | Student’s book  Multimedia material & player |
|  | 26 | 3 Gramatika | Opakovanie minulého času | Past Simple - Past  Progressive - Past Perfect  Simple - Past Perfect  Progressive  Used to - would - was/were  going to - was/were about to | chatter, novelty, herd, tremendous | Student’s book  Multimedia material & player |
|  | 27 | 3 Počúvanie | Vypočuť si päť krátkych ukážok, v ktorých ľudia hovoria o rôznych typoch sviatkov |  | longing, reluctance | Student’s book  Multimedia material & player |
|  | 28 | 3 Slovná zásoba | idiómy týkajúce sa pocitov/emócií |  | over the moon, be all ears, chill out, exasperation, be caught dead, the last straw, down in the dumps, have butterflies in one’s stomach, jump out of one’s skin, cheesed off with, hard as nails, put one’s foot in one’s mouth, be on cloud nine, make one’s blood boil, strain at the leash, drive sb up the wall, walk on air, howl, send chills down one’s spine, like a fish out of water, in one’s element, grin and bear it, be on top of the world, keep a straight face, let one’s hair down, hit the roof | Student’s book  Multimedia material & player |
|  | 29 | 3 Hovorenie | Vyjadrovanie sa k téme, diskusia o typoch dovoleniek, letných táborov a iných otázkach týkajúcich sa cestovania |  | fraternity, recreation /, flexibility, self-confidence, interact, restrict, exposure | Student’s book  Multimedia material & player |
|  | 30-31 | 3 Písanie | Napísať správu  Zameriavať sa na obsah, štýl a jazyk |  | evaluate, suitability, coastal, bid, infrastructure, undergo, facelift, blend in (phr. v.), range, delicacy, browse, array, affordable, hot spring, pottery, rejuvenating, justifiably, pride, cater for (phr. v.), rapid, waterfront, maintain, navigate, on hand, vehicle, peak hours | Student’s book  Multimedia material & player |
|  | 32 | 4 Čítanie | Prečítať si článok v časopise o egyptskom faraónovi Tutanchamonovi  Zameriavať sa na podstatu a podrobnosti |  | distantly, appoint, fund, excavation, tomb, coffin, solid, shrouded, tonic, transfixed, awe, intact, iconic, yield, artifact, virtually, mummify, shadowy, reign, heretic, worship, co-regent, successor, demote, devotion, barely, conventional, prosperous, sanction, campaign, chariot, backgammon, precautionary, statesman, heir, fatal, inter, insignificant, patron, preserve, relief, foremost, excavator, rubble, beneath, sealed, limestone, commendable, restraint, resume, antiquity, funeral, rumble, loot, halt, scab, give birth, legend, cursed, dismantle, lid, hoist, quartzite, sarcophagus, innermost, coated, resin, funerary, ensconced, mummy, reconstructive | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, interkultúrne povedomie, spolupráca, kreativita, autonómne učenie |
|  | 33-34 | 4 Slovná zásoba | Precvičiť si zložené slová začínajúce na *back*, idiomatické výrazy na *give*, slovesá začínajúce na  *dis-*, *en-* and *de-* |  | give place to, give it a try, give lie to, give rise to, give voice to, give vent to, give ground, be given the sack, give notice, give a once-over, encode, decode, encompass, enclose, demotivate, defrost, enchant, get dehydrated, deport, undocumented, destabilise, counterfeit, currency, devalue, disorientate, disobey, disarm, dishearten, disfigure, disorganised, disembark, backbone, backfire, backlash, backstage, backstreet, backtrack, outcry, backward, backwash | Student’s book  Multimedia material & player |
|  | 35 | 4 Gramatika | Opakovať Relative clauses, Participles a Participle  Clauses | Relative clauses  Participles and Participle  Clauses | loom, menagerie, demise, settlement, crater, blast, annihilate, aftermath, trigger, devastate, devastation, inundate | Student’s book  Multimedia material & player |
|  | 36 | 4 Počúvanie | Vypočuť si časť z rozhlasovej relácie rozširujúcej tému čítaného textu  Príprava na skúšku |  | untimely, inscription, intelligible, antechamber, chamber, infection, germ | Student’s book  Multimedia material & player |
|  | 37 | 4 Slovná zásoba | Precvičiť si slová s podobným pravopisom  Výslovnosť |  | refrain, restrain, retain, regain, rabble, ramble, rumble, conclude, seclude, resist, persist, transform, transport, transmit, transfer, detain, attain, pertain, convert, converge, convey, converse, extinguish, distinguish, relinquish, vanquish, convention, concession, contention, conception, preserve, reserve, conserve, deserve, dispense, disperse, dispel | Student’s book  Multimedia material & player |
|  | 38 | 4 Hovorenie |  |  | invigorate, applaud, enrich, identity | Student’s book  Multimedia material & player |
|  | 39-40 | 4 Písanie | diskutovať o otázkach týkajúcich sa kultúry |  | memorable, take the leap into, initially, ritual, attend, eve, ceremonial, cleansing, bridal, robe, transition, dizzying, feast, don, outfit, exquisitely, brocade, solemn, exuberant, highlight, genuinely, oriental, fairy tale, kinship, commitment, gown, sparkle, royalty, build-up, rehearsal, cart, appraisal, accompany, shriek, hurl, gusto, unspecified | Student’s book  Multimedia material & player |
|  | 41-42 | Round-up 2 | Opakovanie a upevnenie slovnej zásoby a štruktúry naučené v module 2 |  | scuttle, enclosure, kennel, in disrepair, quaint, perch, sparingly, monsoon, impeccable, multicultural, descended from, culinary, soak up, recount, exaggerate | Student’s book  Multimedia material & player |  |
|  | 43 | Test Module 2 | Hodnotenie pokroku študentov |  |  | Tests & audio (downloadable from the Teacher’s assistant) |  |
|  | 44 | Cover page module 3  5 Čítanie | Predstavenie témy modulu 3  Prečítať si dva texty, jeden o dinosauroch a druhý o prírodných katastrofách |  | saga, fascination, immense, aspect, extinction, controversy, lie, former, coexist, come to light, ornate, carving, stegosaurus, assumption, assume, cease, without a shadow of a doubt, claim, sighting, mainland, serpent, swamp, sauropod, launch, inconclusive, destined, a bone of contention, intrigued, primarily, undisputed, densely populated, dedicate, conclusive, questionable, colossal, asteroid, desertification, ticking time bomb, pose a threat, eminent, ice sheet, bleak, maroon, offshore, creep, seawards, landslide, plunge, bulge, spawn, devastate, menace, encroach, baking, wilderness, pale, blast, expel, ash, herald, shatter, crust, restless, clobber, trigger, harvest, collision, imminent, subsequent | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, autonómne učenie, osobná a sociálna zodpovednosť, spolupráca, kreativita |
|  | 45-46 | 5 Slovná zásoba | Precvičiť si slová súvisiace s počasím  Podmienky, Slová súvisiace s prírodnými katastrofami, Slovné kombinácie, Idiomy /Výrazy týkajúce sa počasia a  Elementy, Podstatné mená používané na klasifikáciu zvierat |  | overcast, sleet, hail, blizzard, muggy, drizzle, humidity, drought, heatwave, breeze, damp, dormant, active, peak, tsunami, amplitude, batter, crater, caldera, magma, noxious, ejecta, spew, coarse, particle, stratosphere, ash cloud, sunken, molten, epicentre, debris, rupture, fault, magnitude, intensity, vibration, aftershock, seismic, literally, tremor, relief aid, death toll, field hospital, health impact, emergency drills, rescue efforts, mortality, contend with, post-traumatic, skate on thin ice, drop in the ocean, weather the storm, be in a fog, swim against the tide, the wind of change, retrofit, wreak havoc, marsupial, brachiosaurus, predator, amphibian, hibernate, horny, scale, nocturnal, scavenger, reptile, pouch, herbivore | Student’s book  Multimedia material & player |
|  | 47 | 5 Gramatika | Budúci čas  Modálne slovesá | Future forms  Modal verbs | replica, dusky, fluffy, rodent, lethal, rattlesnake, eerily, bizarre, slow loris, sloth, moss, naked mole rat, catfish, axolotl, tadpole, creepy | Student’s book  Multimedia material & player |
|  | 48 | 5 Počúvanie | Vypočuť si desať krátkych rozhovorov  Príprava na test |  |  | Student’s book  Multimedia material & player |
|  | 49 | 5 Slovná zásoba | Nature word web |  | flora and fauna, satellite, meteor, rainfall, temperate, gorge, fjord, plain, indigenous, vegetation, biodiversity, avalanche, lightning, aurora borealis, kakapo, python, utmost, altitude, orbit | Student’s book  Multimedia material & player |
|  | 50 | 5 Hovorenie | diskutovať o ohrozených druhoch a iných otázkach týkajúcich sa prírody |  | habitat, deforestation, poaching, recreation, prey | Student’s book  Multimedia material & player |
|  | 51-52 | 5 Písanie | Napísať list redaktorovi  Zamerať sa na obsah, jazyk a štýl |  | exploit, activist, clash, footage, seal, club, spark, slaying, unethical, inhumane, torment, groundless, skinning, inflict, torture, unjustifiable, by no means, substance, slaughter, sole, vanity, barbaric, senseless, The way I see it, radical, recipient, capacity, in connection with, prompt, entirely, food for thought, in response to, be concerned about, feel strongly about, refrain from, emulate, reverse, point a finger, shortcomings, antiquities, posterity, rectify, low-lying, sector, arson, unfavourable | Student’s book  Multimedia material & player |
|  | 53 | 6 Čítanie | Prečítať si článok v časopise o ekologických mestách  Zrekonštruovať text s medzerami  Identifikácia a pochopenie referencií |  | unappealing, shift, estimate, stuff, urban, swell, target, carbon emission, from scratch, minimise, associate director, phase, modest, balloon, cornerstone, conventional, turbine, solar panel, complement, sewage, municipal, composting, husk, setback, rival, hold-up, break ground, uber-efficient, showcase, blistering, venture, equation, insulation, ventilation, deck, pedestrian, maintenance, network, legitimate, inclusive, usher in, interlink, concrete, soak up (phr. v.), penetrate, density, desalination plant, barrier, sprawl, integrated, holistic, channel, drown out (phr. v.), landfill, adamant, critic, fund, counterpart, hinge, occupant, rapid transit system, comprise, hop, in tandem | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, osobná a sociálna zodpovednosť, spolupráca, kreativita, autonómne učenie |
|  | 54-55 | 6 Slovná zásoba | Precvičiť si podstatné mená odvodené od frázových slovies, slovné spojenia  Téma: Telo |  | breakdown, mediator, turnout, cutback, handout, blackout, backup, let down, comeback, downpour, outburst, upturn, bypass, intake, upkeep, top soil, carbon footprint, carbon neutral, carbon filter, sustainable resources, sustainable agriculture, environmental degradation, environmental movement, environmental issues, depletion, degrade, alternative energy, non-renewable energy, inexhaustible energy, geothermal power plant, hydrothermal power plant, recycling plant, ozone depletion, resource depletion, oil depletion, ultraviolet rays, fossil fuels, reprocessing, recyclable goods, mouth, tongue, eye, hand, nose, neck, foot, head | Student’s book  Multimedia material & player |
|  | 56 | 6 Gramatika | Opakovať Passive Voice a Causative form | Passive Voice  Causative form | marvel, pollutant, hustle and bustle | Student’s book  Multimedia material & player |
|  | 57 | 6 Počúvanie | Vypočuť si rozhlasový rozhovor s niekým, kto sa zúčastnil na projekte environmentálneho dobrovoľníctva |  | burn out (phr. v.), unsettled, commerce, intact | Student’s book  Multimedia material & player |
|  | 58 | 6 Slovná zásoba | Practice Phrases a idiomatické výrazy |  | do one’s bit, be in a rut, hit home, make a difference, hit the nail on the head, bribe, hit the roof, hit the sack, hit it off, hit the headlines, high ranking, apprehensive, feel right at home, be home and dry /, spokesperson, drive sth home, make myself at home, be nothing to write home about, bit by bit, a bit much, quilt, bits and pieces, fabric, not a bit of it, to bits, make a weekend of it, make it or break it, make it to the top, make up for lost time, make do with, in between, be in on, be in the spotlight, in a tight spot /, dump, in a jiffy | Student’s book  Multimedia material & player |
|  | 59 | 6 Hovorenie | Výmena informácií,  pre a proti, diskusia o ochranárskych projektoch a iných otázkach týkajúcich sa ochrany životného prostredia |  | appeal to, appealing, distressing, restriction, requirement, flexibility, pros and cons, conservation, marine, monitoring, seed, outback, neglect, enclosure, handling | Student’s book  Multimedia material & player |
|  | 60-61 | 6 Písanie | Napísať návrh  Zameriavanie sa na obsah,  jazyk a štýl |  | plot, utilise, address, on behalf of, herb, free-range eggs, produce, running costs, supervise, self-esteem, apply, constructive, advantageous, embrace, submit, outweigh, outline, cost-effective, allocate, vaccinate | Student’s book  Multimedia material & player |
|  | 62-63 | Round-up 3 | Opakovanie a upevnenie slovnej zásoby a štruktúry naučené v module 3 |  | soaking wet, handyman, squeaky, redundant, unparalleled, moisture, fierce, foliage, logging, thrive, withstand | Student’s book  Multimedia material & player |  |
|  | 64 | Test Module 3 | Hodnotenie pokroku študentov |  |  | Tests & audio (downloadable from the Teacher’s assistant) |  |
|  | 65 | Zhrnutie Modules 1-6 | Opakovanie a upevnenie slovnej zásoby a štruktúry naučené v moduloch 1 – 6 |  |  | Student’s book  Multimedia material & player |  |
|  | 66 | Priebežný test | Hodnotenie pokroku študentov |  |  | Tests & audio (downloadable from the Teacher’s assistant) |  |
|  | 67 | Cover page module 4  7 Čítanie | Predstavenie témy modulu 4  Prečítať si článok v časopise o reakciách tela |  | blush, shiver, lump, itchy, sensation, twitchy, eyelid, cramp, crack, knuckle, mechanics, in-depth, fatigue, over-exertion, predominantly, transmission, seasonal, counteract, fluid, fashion, accumulation, hiccup, palm, rumbling, tummy, heartburn, runny nose, butterflies in your stomach, see stars, sneeze, pound, capillary, pronounced, blood vessel, scratch, rash, cell, release, transmit, spinal cord, thalamus, cerebral cortex, involuntary, benign, tic, breastbone, socket, joint, bubble, dissolve, lubricating, synovial fluid, chatter, emotional, windpipe, facilitate, on the verge of, tear duct, nasal cavity, impulse, perceive, knotting up, calf, sole, yawn, build up, lactic acid, spasm, electrolyte, calcium, potassium, trigger, stitch, diaphragm | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, autonómne učenie, spolupráca, kreativita |
|  | 68-69 | 7 Slovná zásoba | Precvičovanie slov, ktoré sa dajú ľahko zameniť, Slovesá týkajúce sa choroby a zdravia,  Frázové slovesá týkajúce sa zdravotných problémov, Idiomy týkajúce sa zdravia a kondície |  | fracture, dislocate, sling, cure, heal, treat, fragile, terminal, remedy, 83. antidote, bruise, abrasion, laceration, stitch, prognosis, diagnosis, make neither head nor tail of, dismal, manifest, contract, inflammation, infection, susceptible, dehydration, indigestion, congestion, alleviate, aggravate, immune system, recuperate, deteriorate, strain, manifestation, blurred vision, vulnerable, inoculate, impending, subside, perspire, sprain, overexert, come down with (phr. v.), bring up (phr. v.), come round (phr. v.), queasy, pass out (phr. v.), chain-smoking, pack up (phr. v.), burnout, get over (phr. v.), knock out (phr. v.), put under (phr. v.), operating theatre, drug, go off (phr. v.), bedridden, build up (phr. v.), as fit as a fiddle, under the weather, safe and sound, alive and kicking, given a clean bill of health, as sick as a dog, be up and about | Student’s book  Multimedia material & player |
|  | 70 | 7 Gramatika | Zopakovať infinitívy a tvary –ing | Infinitives and –ing forms | invaluable, session, fake, contagious, giggle, inevitable, perseverance | Student’s book  Multimedia material & player |
|  | 71 | 7 Počúvanie | Vypočuť si šestnásť krátkych rozhovorov  Pripraviť sa na skúšku |  | stuffy, blast, put a pin in | Student’s book  Multimedia material & player |
|  | 72 | 7 Slovná zásoba | Vytvorte článok o zdraví a zdravotnej starostlivosti |  | prescribe, vomit, operate on, acute, dehydrated, unwell, critical condition, bronchitis, pneumonia, infectious disease, strain, injection, ultrasound, ward, general practitioner, surgeon, paediatrician, paramedic, midwife, intensive care unit | Student’s book  Multimedia material & player |
|  | 73 | 7 Hovorenie | Vyjadrovanie sa k téme, diskusia o problémoch týkajúcich sa zdravia a zdravého životného štýlu |  | sedentary lifestyle, longevity, soothe, self-awareness, avoidance tactic, support network, hectic, adverse, depression | Student’s book  Multimedia material & player |
|  | 74-75 | 7 Písanie | Napísať esej vyjadrujúci názor  Zameriavať sa na analýzu, obsah a  jazyk |  | lacto-vegetarian, ovo-vegetarian, lacto-ovo vegetarian, vegan, nutrient, appalling, moral, nutritional, grain, dairy, eliminate, livestock, take a toll, pastureland, ethical, object to, poultry, abominable, confined, welfare, feasible, cater for, confront, persuasive, claim, forcefully, obesity, alternative, perspective | Student’s book  Multimedia material & player |
|  | 76 | 8 Čítanie | Prečítať si článok o nezvyčajnom športe  Zrekonštruovať text s medzerami |  | high impact sports, low impact sports, strenuous, effortless, undemanding, rule-oriented, unconventional, self-paced, spontaneous, leap, faith, regardless of, declare, compulsory, spring up (phr. v.), unstructured, genre, tickle, tame, codify, gentrify, stratum, paradoxical, kick your heels, elision, exponent, gravity, vault, spatial, miraculous, discipline, devotee, cultivate, martial arts, tumble, charismatic, pioneer, bold, embrace, unproven, transfigure, by and large, inward-looking, inherent, venture, consent, surface, mainstream, obscure, glue, funky, dusk, fine-tune, banter, prominence, startling, quintessential, tabloid, precision, boundary, pompous, motto, adherent, estate, rundown, tribal, grim, underpass, quasi, lame, ludicrous, stroppy, detest, netball, rounders, gazelle, ledge, railing | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, spolupráca, kreativita, autonómne učenie |
|  | 77-78 | 8 Slovná zásoba | Precvičiť si slovesá týkajúce sa pohybu tela, slovesá končiace na *-fy,*  *Like*  Slovné spojenia týkajúce sa športu, Idiómy |  | strut, bow, wobble, precariously, traverse, tightrope, beckon, glide, sheer, poise, clench, provocatively, somersault, performance enhancer, saunter, snap, tempo, pat, limp, piste, grab, sprint, skip, tangle, nudge, fortify, intensify, classify, testify, simplify, qualify, runner up, gain ground, stretch, cry like a baby, act like a bull in a china shop, have a memory like an elephant, packed like sardines(ex.), sleep like a log, fight like cat and dog, like a house on fire, like wildfire, eat like a horse, renowned, lay low, like the plague, like a hawk, like a fish out of water, run like the wind, like clockwork, bounce, dribble, head, depart, host, run, avid, devoted, staunch, zealous, protective, gear, defeat, enrol, trophy, landslide victory, resounding, be in the same league, undisputed, meet your match, figure skating, set sb back, underdog, paddle my own canoe, blow the whistle on sb, keep an eye on, take the wind out of sb’s sails | Student’s book  Multimedia material & player |
|  | 79 | 8 Gramatika | Reported speech | Reported Speech | lower your guard, apply oneself, fledgling (n), gnash, at hand, sneak, surreptitiously, consecutive | Student’s book  Multimedia material & player |
|  | 80 | 8 Počúvanie | Vypočuť si tri krátke úryvky týkajúce sa foriem cvičenia |  |  | Student’s book  Multimedia material & player |
|  | 81 | 8 Slovná zásoba | Slovná zásoba: šport |  | coordination, high stress tolerance, self-confidence, mental/visual acuity, good sportsmanship, physical capability, motivation, courtesy, integrity, sharpness, reflexes, endurance, agility, grit, timing, steadiness, self-restraint, equestrian, shot put, javelin, archery, badminton, hurdles, fencing, synchronised swimming | Student’s book  Multimedia material & player |
|  | 82 | 8 Hovorenie | diskutovanie o otázkach týkajúcich sa športu, fitness a cvičenia |  | introvert, extrovert, posture, induce, unwind | Student’s book  Multimedia material & player |
|  | 83-84 | 8 Písanie | Napísať list s popisom a vysvetlením  Zameriavanie sa na obsah a organizáciu  Zamerajte sa na jazyk a štýl |  | inspirational, role model, persevere, fulfil, versatile, modest, enduring, mentor, aspiring, vision, empire, acknowledgement, accomplishment, come up against (phr. v.), gentle, fair, foul play, narrowly, sweeping, overwhelmingly, brisk | Student’s book  Multimedia material & player |
|  | 85-86 | Round-up 4 | Opakovanie a upevnenie slovnej zásoby a štruktúry naučené v module 4 |  | crash diet, dead-beat, intent, counter-productive, craving, resolve, abstain, detrimental | Student’s book  Multimedia material & player |  |
|  | 87 | Test Module 4 | Hodnotenie pokroku študentov |  |  | Tests & audio (downloadable from the Teacher’s assistant) |  |
|  | 88 | Cover page module 5  9 Čítanie | Predstavenie témy modulu 5  Prečítať si novinový článok o výchove detí v dnešnej konzumnej spoločnosti |  | put up with (phr. v.), resent, target, concede, vigilant, thrifty, gratification, fulfilment, recurring, nasal, hand-me-down, remotely, deprived, fussy, span, gnat, materialistic, profoundly, bout, consumerism, subject sb / sth to sth, manipulate, empower, betray, buzzword, obsess, league table, parrot, squeeze, tortuous | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, autonómne učenie, spolupráca, kreativita |
|  | 89-90 | 9 Slovná zásoba | Precvičte si slovesá týkajúce sa zvierat,  Figurative Speech  Výrazy s *hand*  Frázové slovesá súvisiace s nakupovaním |  | badger, beaver away, bug, weasel out (phr. v.), hound, fish, chicken ut (phr. v.), clam up (phr. v.), rat on (phr. v.), monkey around (phr. v.), harass, glow with pride, steal the show, freeze in one’s footsteps, bite my head off, race against time, swim before my eyes, drive sb insane, comb the area, have the upper hand, get out of hand, first hand, give sb a big hand, give a free hand, live from hand to mouth, high-handed, make money hand over fist, spot, plug, jingle, commercial, infomercial, flier, freesheet, mailshot, spam, gimmick, logo, slogan, mark down (phr. v.), ring up (phr. v.), shell out (phr. v.), pick out (phr. v.), sell off (phr. v.), sell out (phr. v.), stock up (phr. v.), accumulate | Student’s book  Multimedia material & player |
|  | 91 | 9 Gramatika | Podmieňovací spôsob III  Zmiešaný podmieňovací spôsob  Želania  Unreal past | Conditional Sentences  Type 3 - Mixed Conditionals  Wishes and Unreal Past | curfew, audit | Student’s book  Multimedia material & player |
|  | 92 | 9 Počúvanie | Vypočujte si rozhlasovú reláciu o hnutí Fair-Trade |  | marginalise, safeguard, inequality, fickle, precondition, processing plant | Student’s book  Multimedia material & player |
|  | 93 | 9 Slovná zásoba | Precvičovanie zložených podstatných mien a slovných spojení  ľahko zameniteľné slová |  | brand name, street market, quality control, window shopping, mail order, bargain hunting, profit margin, chain store, student discount, publicity campaign, cost of living, state of affairs, proof of payment, lack of supplies, source of income, partnership, organisation, consortium, federation, merchandise, commodity, product, manoeuvre, trade, export, import, deal in, label, trademark, tag | Student’s book  Multimedia material & player |
|  | 94 | 9 Hovorenie | Diskusia o problémoch týkajúcich sa nakupovania a reklamy |  | incentive, telemarketing, make an informed decision, envy, take into consideration | Student’s book  Multimedia material & player |
|  | 95-96 | 9 Písanie | Napísať článok  Zameranie sa na obsah,štýl a jazyk  Analyzovanie |  | sector, you name it, intrusive, purchase, self-worth, impose, distorted, confrontation, tantrum, at the expense of, a far cry from /, misleading | Student’s book  Multimedia material & player |
|  | 97 | 10 Čítanie | Prečítať si dva krátke texty o robotoch  Zameriavanie sa na podstatu a podrobnosti |  | breakthrough, mobility, nigh on, utopian, drudgery, cybernetic, tumble dryer, commonplace, clutch, chore-busting, cluttered, legion, tricky, directive, imbue, coin, strive, nurture, replicate, feat, laborious, profound, locomotion, perception, navigation, orientation, daunting, computation, defy, endow, capacity, paramount, transcend, intimidating, menial | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, spolupráca, kreativita, autonómne učenie |
|  | 98-99 | 10 Slovná zásoba | Slová, ktoré sa dajú ľahko zameniť, Kombinácie prídavného mena a podstatného mena, Spojenia s *make* a *take*, Kombinácie prísloviek a prídavných mien, |  | visualise, predict, intermittent, devise, substitute, placebo, generate, establish, develop, evolve, dominate, overtake, enact, perform, proceed, activate, stringent, unquenchable, intrepid, unbridled, driving force, eternal, harness, replenish, do away with (phr. v.), wear and tear, combat, infancy, quest, enlightenment, prudence, beacon, blunder, make sth clear, sloppy, take the lead, herbal, take precedence over, in the pipeline, take advantage of, make amends, take legal action, misappropriate, terminally, take the chance, prosthesis, make headway, take heed of, make an argument, fully functional, hostile, prevail, entail, drill, core /, glaciologist, superbly, behind the times, from time to time, at one time, in good time, at this time, for the time being, look back in time, ahead of its time, in retrospect | Student’s book  Multimedia material & player |
|  | 100 | 10 Gramatika | Inversion and Emphatic forms | Inversion  Emphatic forms |  | Student’s book  Multimedia material & player |
|  | 101 | 10 L Počúvanie | Vypočuť si rozhlasový rozhovor s vedcom, ktorý hovorí o biomimetike, a rozhlasový rozhovor s vedcom, ktorý hovorí o dotykovej technológii |  | termite, mound, beetle, armour, simulate, sensory, illusionary, texture, discern | Student’s book  Multimedia material & player |
|  | 102 | 10 Slovná zásoba | derivácie, zložené prídavné mená |  | sustainability, sustainment /, adaptive, prevalence, simulator, simulative, computer geek, self-sufficient, well-intended, well developed, self-developed, self-reliant, self-serving, well-serving, well-established, self-activated, self-adhesive, well-deserved, self-informed, well-informed, adversity, stationery | Student’s book  Multimedia material & player |
|  | 103 | 10 Hovorenie | diskutovať o otázkach týkajúcich sa technológie |  | alienate, gesture, companionship, proximity | Student’s book  Multimedia material & player |
|  | 104-105 | 10 Písanie | Napísať úryvok na základe dvoch textov |  | functionality, juvenile, delinquent, tempt, untroubled, entrepreneurialism, stand for (phr. v.), distinct, alarming, dismiss, complexity, atrophy, obscurity, engaging, antecedent, framework, reinforce, log off (phr. v.), avatar, social ties, incarnation, bond, supplant, customise, suit, flaw, idly, squander | Student’s book  Multimedia material & player |
|  | 106-107 | Round-up 5 | Opakovanie a upevnenie slovnej zásoby a štruktúry naučené v module 5 |  | envision, devoid, reminisce, liken, regulatory, watchdog, blaze trails, credit, prevalent, pesticide | Student’s book  Multimedia material & player |  |
|  | 108 | Test Module 5 | Hodnotenie pokroku študentov |  |  | Tests & audio (downloadable from the Teacher’s assistant) |  |
|  | 109 | Cover page module 6  11 Čítanie | Predstavenie témy modulu 6  Prečítať si článok o tom, ako nové technológie ovplyvňujú vzťahy  Zameriavať sa na podstatu  Vyjadriť názor |  | overdependence, friction, implication, imply, resentful, barely, aperitif, row, the ether, reliance, gateway, ephemera, allure, upstart, advent, distractedness, digital, counsellor, therapist, exclude, pernicious, relaunch, sleek, hook, plea, protestation, reflexively, compelling, gadgetry, dislocate, immersed, glue, be in thrall to, spouse, reluctantly, curb, etiquette, arrogant, mindset, empathy, mindful, prioritise | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, autonómne učenie, osobná a sociálna zodpovednosť, spolupráca, kreativita |
|  | 110-111 | 11 Slovná zásoba | Precvičovať si výrazy s  *take,*  slová začínajúc s *up* a *down*  slová súvisiace so vzťahmi, Predložkové väzby, Prídavné mená opisujúce charakter a  Osobnosť |  | take the hint, take everything in one’s stride, take down a peg or two, have what it takes, take a hard line, take one’s hat off, take a shine to, take leave of one’s senses, take issue, take heart, downsize, upmarket, upbeat, disposition, update, uplift, upcoming, downcast, downside, in-laws, widower, bachelor, sibling, squabble, extended family, immediate family, step-father, vow, in contrast to, in accordance with, be in awe of, in close collaboration with, in solidarity with, in the interests, in view of, in response to, meticulous, diligent, hospitable, exuberant, intolerant, impulsive, inquisitive, shrewd, urbane, aloof, sulky, dissuade, compassionate, affectionate, tactless | Student’s book  Multimedia material & player |
|  | 112 | 11 Gramatika | klauzuly o dôvode, ústupku, výsledku a účele | Clauses of reason, concession, result and purpose  Sentence linkers | discernible, gregarious, mingle, congeniality, in the limelight, assertive, outspoken, fidget, conceal, indicative | Student’s book  Multimedia material & player |
|  | 113 | 11 Počúvanie | Vypočuť si štyri krátke úryvky na tému medziľudských vzťahov a rozhovor psychológa s redaktorom časopisu  Zamerianie sa na podstatu a konkrétne informácie |  | rapport, enforcement, overpowered, incompetent, accountable, multi-faceted, rivalry, intervention, resolution, discord, give somebody credit, sceptical, idealised, kin | Student’s book  Multimedia material & player |
|  | 114 | 11 Slovná zásoba | Precvičiť si slovesá viacerými významami |  | hold a grudge, hold an interview, hold somebody accountable, handle a conflict, handle a car, handle a request, aerial photograph, put demands on, put somebody in touch with sb else (ex), distraught, put one’s point of view, engage sb’s attention, engage in an activity, engage the services of sb, break a rule, break free from, break the news to sb, make compromises, make oneself understood, make a list of one’s grievances, social animals, social bonds, emotional growth, emotional void, social interaction, social environment, social factors, emotional intelligence, social awareness, emotional crutch, social norms, conciliation | Student’s book  Multimedia material & player |
|  | 115 | 11 Hovorenie | Výmena informácií  Pre a proti  diskutovať o otázkach týkajúcich sa medziľudských vzťahov |  | Human Resources | Student’s book  Multimedia material & player |
|  | 116-117 | 11 Písanie | Napísať recenziu  Zameriavať sa na obsah štýl a jazyk |  | naturalist, light-hearted, account, picturesque, somewhat, eccentric, tolerant, preoccupied, befriend, feature, prominently, expedition, mantelpiece, anecdote, sketch, pioneer, perceptive, everlasting, wholeheartedly, meaningful, script, prominent, be set, epic masterpiece, engross, namesake, fictionalise, decadent, classy, dazzle, awash, lineage, glitter, decadence, decaying, applicable, influential, food for thought | Student’s book  Multimedia material & player |
|  | 118 | 12 Čítanie | Prečítať si dva texty o dvoch slávnych zločinoch 20.  Zameriavať sa na podrobnosti |  | audacious, tamper, unscheduled, heist, net, promptly, hideout, spoils, manhunt, capture, convict, flee, fugitive, turn oneself in, debilitating, stroke, leniency, incarcerate, grounds, boldness, on the run, superficial, rock, celebrated, summon, scour, stairwell, dwindle, verify, authenticity, negotiate, notify, authenticate, emerge, rightful, restore, cite | Student’s book  Multimedia material & player | komunikácia, kritické myslenie, spolupráca, kreativita, autonómne učenie |
|  | 119-120 | 12 Slovná zásoba | Precvičiť si ľahko zameniteľné slová,  frázy a frázové slovesá  Téma: Zločin a trest |  | clue, forgery, fraud, psychic, nod, frantically (adv), accomplice, condemn, doom, remorse, impoverished, interfere, intervene, abandon, abscond, desert, grass on (phr. v.), look on (phr. v.), make away (phr. v.), set up (phr. v.), hold up (phr. v.), bandit, beat up (phr. v.), blow up (phr. v.), let off (phr. v.), offence, fraudster, get away with (phr. v.), apprehend, misdemeanour, petty theft, disorderly conduct, felony, assault, community service, simple assault, reckless driving, serve time, judge, life sentence, probation, mugging, trial, subpoena, bailiff, grand theft, charge, capital punishment, disrupt, proceedings, getaway, mobster, intimidate, legal counsel, overrule, verdict | Student’s book  Multimedia material & player |
|  | 121 | 12 Gramatika | podstatné mená | Articles  Nouns | bar examination, insight, criminology, penology, mesmerise, standing ovation, sensationalist, integrate, infectious, chuckle, perpetrator, alas, nonchalantly, immobilise, hapless, wannabe | Student’s book  Multimedia material & player |
|  | 122 | 12 Počúvanie | Vypočuť si rozhlasovú reláciu o používaní mobilných telefónov počas jazdy  Zameriavať sa na konkrétne informácie |  | imperil, impair, inevitability, abide by | Student’s book  Multimedia material & player |
|  | 123 | 12 Slovná zásoba | Precvičiť si idiómy a výrazy s číslami, výrazy s  *put* |  | give somebody the third degree, have a one track mind, buck, sixth sense, shed light, at the eleventh hour, adjourn, second nature, have second thoughts, incriminating, suppress, conscience, a one-off, two wrongs do not make a right, redress, kill two birds with one stone, implicate(v.), put two and two together, inconsistency, nine-day wonder, legislator, a stitch in time saves nine, put paid to, put it mildly, put somebody on his/her guard, put somebody at ease, warden, slackening, put one’s foot down, lounge, embezzle, put on trial, harbour, felon, put to death, firing squad, put one’s back into, put something straight, imminent, rampant | Student’s book  Multimedia material & player |
|  | 124 | 12 Hovorenie | Vyjadrovanie sa k téme, diskusia o problémoch  na tému zločin a trest |  | surveillance cameras, invasion, boost, violation, intellectual rights, infringement, civil rights, deter, implement, intrusion, feel ill at ease, inhibited, controversial, hacking, thorny | Student’s book  Multimedia material & player |
|  | 125-126 | 12 Písanie | Napísať diskurzívnu esej  Zameriavať sa na obsah |  | rehabilitation, offender, civic, deterrent, confinement, eradicate, alleviate, inmate, lenient | Student’s book  Multimedia material & player |
|  | 127-128 | Round-up 6 | Opakovanie a upevnenie slovnej zásoby a štruktúry naučené v module 6 |  | anticipate, unpretentious | Student’s book  Multimedia material & player |  |
|  | 129 | Test Module 6 | Hodnotenie pokroku študentov |  |  | Tests & audio (downloadable from the Teacher’s assistant) |  |
|  | 130 | Zhrnutie -Modules 4-6 | Opakovanie a upevnenie slovnej zásoby a štruktúry naučené v moduloch 4-6 |  |  | Student’s book  Multimedia material & player |  |
|  | 131 | Záverečný test | Hodnotenie pokroku študentov |  |  | Tests & audio (downloadable from the Teacher’s assistant) |  |
|  | 132 | Koncoročné vyhodnotenie | Celoročné vyhodnotenie |  |  |  |  |